

New Patient Lab Orders

Thank you for your interest in BioBalance 4 Women. In order to determine if you are a candidate for bio-identical hormones for menopause and perimenopause, there are several things we need to assess your health, risk, and dose of hormones prior to beginning pellet therapy:

1. We will need to check your hormone levels such as estrogen, testosterone, thyroid, and follicle stimulating hormone. We will also check your liver enzymes as well as your cholesterol level. Because we are checking your cholesterol level, you will need to have had nothing to eat or drink for 12 hours prior to having your lab work drawn. If you are interested in bio-identical hormones through pellet therapy, please call us and we will send you a prescription to be taken to Quest Diagnostics or another laboratory that is covered by your insurance company. We prefer that you use Quest Diagnostics for your lab work and these blood tests can also be ordered by your current physician using the following Quest test numbers:

CBC	6399
Estradiol	4021
Estrone	23244
FSH	470
Comprehensive Metabolic Panel	10231
LH	615
Lipid Panel	7600
Prolactin	746
Testosterone free & weakly	30741
T-3 Free	34429
T-4 Free	866
TSH	899

2. Please complete the hormonal history questionnaire, personal information sheet, and consent form available on this website and return to us by mail so that we may review your symptoms and lab results prior to your appointment.
3. If you have a uterus, an ultrasound will first need to be done to rule out any pre-existing condition that could be a contraindication for hormonal therapy. If you have had a pelvic ultrasound within the past three months, please bring a copy of your results with you or you may schedule an appointment through our regular OB/GYN practice (Balanced Care for Women of St. Louis) by calling 314-993-7009. Please mention to the receptionist that you have an appointment with Bio-Balance 4 Women and need to schedule an appointment for an ultrasound prior to beginning treatment with hormone pellets.
4. A current bone density test (within the last three years) and a well-woman exam with Pap smear (within the last year) are also required. Please forward copies of your test results with your new patient information. If you do not have current results, you may also schedule an appointment for one or both of these services through Balanced Care for Women.

Please make sure that all of the above information is available at the time of your new patient consultation or you may be required to reschedule your appointment. At your first visit, we will discuss your proper treatment, dose, risks, and answer any questions you may have about bio-identical hormone therapy with pellets. Your first insertion can be done at the time of your consultation if you are ready and our evaluation finds you to be a good candidate. If you have further questions about BioBalance 4 Women, please feel free to call our office. Thank you and we look forward to seeing you soon!